



# CHILD WATCH HOURS

**January 6 -February 15, 2025**

**\*Beginning 1/6/25, children through age 7  
can visit Child Watch between the hours of 4-7pm**

<b>Monday</b>	9:00 AM-12:30 PM 4:00 PM-7:00 PM*
<b>Tuesday</b>	9:00 AM-12:30 PM 4:00 PM-7:00 PM*
<b>Wednesday</b>	9:00 AM-12:30 PM 4:00 PM-7:00 PM*
<b>Thursday</b>	9:00 AM-12:30 PM 4:00 PM-7:00 PM*
<b>Friday</b>	9:00 AM-12:30 PM
<b>Saturday</b>	9:00 AM-12:30 PM

**Child Watch has a fee of \$5 per visit (up to 2 hours), per child.  
Please see the reverse side for our Service Policies.**



# Lakeland Hills Family YMCA Child Watch Service Policies

Updated 1/2/25

- PURPOSE:** Child Watch is a drop-in service for children ages 6 weeks through 6 years old **\*\*Starting 1/6/25, children through the age of 7 may visit Child Watch between the hours of 4pm-7pm ONLY\*\***. We provide a safe, caring, and relaxed environment to enjoy unstructured play time with our caring staff.
- HOURS:** Monday- Thursday, 9am to 12:30pm & 4-7pm, Friday & Saturday, 9am-12:30pm with a maximum stay of 2 hours per day. There may be different hours on major holidays.
- FEES:** The cost is \$5 per child for each visit. You may purchase a Child Watch Card at the Member Service Desk for \$30 which includes 6 visits
- SIGN-IN & DROP OFF:** All children must be signed in on the Child Watch Sign In sheet including parents' location in the building. We realize the transition to new surroundings can be a challenge. If a child needs time to acclimate, we ask that parents spend no more than 10 minutes in the room or entryway. If a child becomes upset while in Child Watch, our staff will do their best to soothe and comfort the child, but after 10 minutes, we will page for you to return to the room and sign out your child. Parents are NOT allowed to leave the building at any time while their child is in Child Watch Drop Off
- ROOM MAX:** We can accommodate a maximum of 10 children at one time. If this number is reached, the room will be closed to additional children and a waitlist will be posted on the door. Once your name is on the waitlist, please wait in the Welcome Center until your name is called by a Child Watch staff person. The only exception is if a staff member WHO IS WORKING needs to use Child Watch.
- BATHROOM:** **We are not able to take your child to the bathroom, so we ask that you please take your child to the restroom before signing in. If your child needs to use the bathroom during their stay, we will page you to return to Child Watch and take your child to the bathroom. Please pack extra clothes for all children in case of an accident. You may bring your child back to the room for the duration of your visit.**
- DIAPERS:** **We are not able to change diapers during your child's stay. When staff see that a diaper is wet or soiled, we will page for you to come to Child Watch and take your child to one of the restrooms and change their diaper. You may bring the child back to the room for the duration of your visit.**
- FOOD:** No snacks, candy, gum or food of any kind is permitted in Child Watch. Only labeled bottles and sippy cups are permitted. If you can adjust your workout around your infants feeding schedule, it would be greatly appreciated. **We cannot guarantee that staff will be available to sit one-on-one to feed your child when there are many children that need to be supervised.**
- TOYS:** Toys from home are not permitted in the Child Watch. They can get lost and mixed in with the toys supplied. The Y is not responsible for personal toys that get lost or broken.
- ILLNESS:** **If a child shows any signs of illness while in Child Watch, the parent will be paged and the child MUST be removed from the room and can not return for a full 24 hours.** Please be mindful of the health of the staff and other children. If your child is home sick from school, he/she is not allowed in Child Watch. If a child who has used the service develops a contagious disease, the parent needs to notify the Child Watch Supervisor.
- SHOES:** All walking children must wear shoes at all times.
- EVACUATION:** In case of a fire alarm or other emergency, parents are to exit the building and follow staff direction regarding evacuation. The Child Watch staff will evacuate all children and bring them to the Outdoor Picnic Pavilion in the rear of the building. **Under no circumstances may you take your child during the evacuation.** Once we have all children accounted for in the pavilion, you may sign your child out at that point.
- USAGE** By using the LHY Child Watch services, members agree to all the above listed policies and procedures in addition to LHY's facility policies. The Lakeland Hills Family YMCA reserves the right to modify the listed policies and procedures at any time, without not