



YOUTH RESILIENCY SERIES

YOUTH MENTAL HEALTH



“
A safe and supportive environment to not only learn something new but learn about themselves.
As a parent and psychologist, I want to thank everyone who contributed to this fantastic program.”

-Mom, GRIT n' Snow Program

CREATING IMPACT TOGETHER
"The youth mental-health crisis is an emergency that requires all of us to come together and take action for the sake of our children. By building strong bonds and connecting to youth we can protect their emotional health and help them grow into healthy adulthood."
-Alex Martinez, CEO, LHY



CREATING RESILIENCE IN YOUTH

Support LHY Today



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